



## Participation Form

### Yoga, Zumba and Tai-Chi

Name of Applicant:\* Mr/Mrs/Ms .....

(\* Delete as appropriate and Surname in Block Letters)

Designation: ..... Tel Off: ..... Fax: .....

Ministry/Department: .....

Office Address: .....

Residential Address: .....

Email Address: ..... Tel (Res): ..... Mob: \*\* .....

\*\* (Mobile number is important, so that you may be easily contacted after working hours including Saturdays, in case of any inconveniences, i.e. bad weather conditions, absence of Instructor, etc..)

Please tick (✓) where appropriate

Activities	Groups		Fees per participant
Yoga <b>Two Sessions per week</b>	Group A Sat – 0900hrs to 1000hrs + Mon – 1630hrs to 1730hrs	<input type="checkbox"/>	Rs 750 per Group
	Group B Sat – 1005hrs to 1105hrs + Mon – 1730hrs to 1830hrs	<input type="checkbox"/>	
<b>Dress Code: T-Shirt + Legging/Tracksuit</b>			
Zumba <b>One Session per week</b>	Group A Sat – 1345hrs to 1445hrs	<input type="checkbox"/>	Rs 700 per group
	Group B Sat – 1450hrs to 1550hrs	<input type="checkbox"/>	
Zumba <b>Group D Two Sessions per week</b>	Group C Sat – 1600hrs to 1700hrs	<input type="checkbox"/>	Rs 1400/-
	Group A Sat – 1345hrs to 1445hrs + Tues – 1730hrs to 1830hrs <b>OR</b> Group B Sat – 1450hrs to 1550hrs + Tues – 1730hrs to 1830hrs <b>OR</b> Group C Sat – 1600hrs to 1700hrs + Tues – 1730hrs to 1830hrs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Dress Code: T-Shirt + Legging/Tracksuit + Flat Shoes</b> <i>(To bring towel and water)</i>			
Tai-Chi <b>Two Sessions per week</b>	Sat – 1120hrs to 1220hrs + Thurs – 1700hrs to 1800hrs	<input type="checkbox"/>	Rs 750/-
<b>Dress Code: T-Shirt + Legging/Tracksuit + Flat Tennis Shoes</b>			

Date: .....

Signature of Applicant: .....

*For office use only*

Amount paid: \_\_\_\_\_

Receipt No.: \_\_\_\_\_