

Our ref: POWC/HP/17

Date: 27 June 2017

From: Organising Secretary, Public Officers' Welfare Council

To: Supervising Officers i/c Ministries/ Departments

Health Screening Programme for Public Officers

Health indicators reveal that there is a shift in the pattern of diseases towards non - communicable diseases such as cancer, diabetes, heart diseases and chronic respiratory diseases, among others. Taking into consideration the wellbeing of public officers, the Public Officers' Welfare Council (POWC), in collaboration with the Non-Communicable Diseases and Health Promotion Division (NCD) of the Ministry of Health and Quality of Life, is organising a free general check up for the benefit of public officers and also breast and cervical cancer screening for female public officers.

2. The general check up is open to all public officers and comprises the following:

- Blood test for diabetes
- Blood pressure measurement to detect high blood pressure
- Body Mass Index (BMI) and waist measurement for obesity
- Vision test (Visual Acuity)

3. The Breast and Cervical Cancer Screening will be performed as follows:

- **Eligibility**
 - ✓ Married or sexually active female public officers
 - ✓ Those having undergone this screening in the past 3 years are **not eligible**
- **Screening**
 - ✓ The screening will be carried out by female doctors only.
 - ✓ The result of the screening will be strictly confidential.

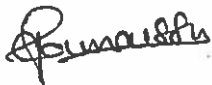
4. In case of abnormalities, the Ministry of Health and Quality of life will direct such cases to the relevant Medical Units for appropriate follow ups.

5. The Health Screening Programme will be carried out at the following venues:-

- o Ministry of Civil Service and Administrative Reforms,
Level 12, Wing B, Sicom Building 2
Port Louis
- o Civil Service House
Gymkhana
Vacoas

- o Ministry of Health and Quality of Life (NCD)
8th Floor, Emmanuel Anquetil Building
Port Louis

6. Interested public officers are requested to fill in the appropriate participation form as at Annex A & B and submit same to the Organising Secretary, Public Officers' Welfare Council, 6th Floor, Atom House, 16 Royal Street, Port Louis by Friday 7 July 2017 at latest.
7. A calendar of appointments will be worked out and participants will be accordingly informed of the date, time and venue.
8. The Screening is scheduled to start as from mid July 2017.
9. An interactive awareness session will be carried out, whereby Resource Persons will enlighten the audience on the Non Communicable Diseases and the ways to curb these for a healthy lifestyle. The date, time and venue for this interactive session will be communicated in due course.
10. An ounce of prevention is worth a pound of cure. It would be appreciated if the contents of this circular could be brought to the attention of all public officers serving in your Ministry/ Department/ Division. A copy thereof is also posted on the Council's website: <http://powc.govmu.org>. You may contact the Secretariat for any additional information.



**C. Parmaissur (Mrs.)
for Organising Secretary**

Copy to: Presidents of Staff Welfare Associations Enc.



PUBLIC OFFICERS' WELFARE COUNCIL

Annex A

6th floor, Atom House, 16, Royal Street, Port Louis

Tel: 208 6658/208 0157 Fax: 208 6659 Email: powc@govmu.org

Website: http://powc.govmu.org

Application Form
General Check Up for Public Officers

Name of Officer Mr./Mrs./Miss.....
 Designation
 Date of Birth
 Age
 Ministry / Department
 Office Address
 Email Address
 Residential Address

Phone Numbers:

Residential
 Office
 Mobile
 Fax number

Tick as appropriate (✓) for preferred venue

Civil Service House, Gymkhana, Vacoas.	
Ministry of Health & Quality of Life, 8 th Floor, Emmanuel Anquetil Building, Port Louis.	
Ministry of Civil Service and Administrative Reforms, Level 12, Wing B, Sicom Building 2 Port Louis.	

Note:

- i. The Screening will be organised by the POWC in collaboration with the Non – Communicable Diseases Department (NCD) of the Ministry of Health and Quality of Life.
- ii. Applicants will be contacted for the screening date.
- iii. All information provided will be treated confidentially.
- iv. The Screening is free of cost.

...../...../ 2017

Date

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Signature of Applicant

