PUBLIC OFFICERS' WELFARE COUNCIL VOLLEYBALL TOURNAMENTS 2016

Rules and Regulations

- 1. The Tournaments, which shall be open solely to Public Officers, shall be known as the Civil Service Volleyball Tournament (Men), the Disciplined Forces Volleyball Tournament (Men) and Civil Service\Disciplined Forces Volleyball Tournament (Ladies).
- 2. The FIVB and MVBA Rules and Regulations will apply.
- 3. All decisions with regard to planning, organisation, execution and the award of trophies and prizes will rest with the Sports Committee of the Public Officers' Welfare Council, hereafter referred to as the Committee.
- 4. Each Team Manager shall produce to the Committee a factsheet about his/her team. This shall indicate the relevant particulars of the Manager, the Coach and the players.
- 5. Two Ministries/Departments with restricted number of players will be allowed to present a team provided that any of the Ministry/Department is not participating in the Tournaments separately.
- 6. Each player must be in possession of a licence which shall indicate his/her name, posting and other relevant particulars. The responsibility for the possession of players' licences rests with the player. Each player must produce his/her licence before playing; otherwise he/she won't be allowed to play.

7. MVBA licensed players

(a) Disciplined Forces Teams

Only two MVBA licensed players National Division One 2016 and two MVBA licensed players National Division 2A 2016 will be allowed to be on the playing strength of a team, out of whom only one player from Division One and one player from Division 2A will be allowed at any one time on the court during any set of the game.

(b) Any Other Teams

No players of the National Division One 2016 MVBA licensed players will be allowed on the playing strength of a team. However, only two MVBA licensed players National Division 2A 2016 will be allowed on the playing strength of a team.

The Manager shall be answerable to the Committee for any relevant matter relating to the tournament.

- 8. Once the Tournaments have started no changes in the composition of the team shall be allowed.
- 9. Teams shall be present on the volleyball pitch and properly dressed at least 15 minutes before the scheduled time.
- 10. Any team that does not present itself on the pitch at least 30 minutes after the scheduled time shall be deemed to have lost the match by walk-over and scratched from the tournament, and all its acquired marks and scores will be nullified. It may be liable to disciplinary action and shall not be entitled to any financial assistance granted by the Public Officers' Welfare Council.
- 11. Any team or any player that leaves the pitch before a match ends without authorisation shall be liable to disciplinary action.
- 12. Any team that withdraws from the tournament after the drawing of lots without valid reasons may be liable for disciplinary action. It may be held to account to the Committee for any monies and other assistance from which it has benefitted. The team shall not be entitled to any financial assistance granted by the Public Officers' Welfare Council.
- 13. The Committee shall appoint a Commissioner for each match.
- 14. Players should be physically fit to participate in the competition.
- 15. The Committee will not be liable for any injuries sustained by any player during training sessions.
- 16. Players injured during the competition for official matches only are covered by insurance. However, the following conditions apply:
 - The injured player/Manager /Coach must immediately report the case to the Commissioner/Referee;
 - The Commissioner/Referee must report the case to the Organising Secretary of the POWC; and
 - A medical certificate, a photocopy of a recent pay slip and an accident report form (available at the POWC) should be filled in and submitted to the Organising Secretary of the Council within one month.

- 17. The matches shall, as far as possible, be conducted in accordance with the fixtures established by the Committee.
- 18. Postponement of matches will not be accepted, except in cases of unforeseen circumstances upon the approval of the Committee.
- 19. All protests in relation to any aspect of the tournament except that of the Commissioner and Referees decisions regarding the Rules of the Game shall be lodged with the Organising Secretary of the Committee. Parties will have the right to a hearing before the Committee whose decision shall be final and binding.
- 20. All protests in relation to a previous match or any aspect of the tournament shall be lodged to the Organising Secretary of the Committee within 48 hours after the end of the match. A refundable fee of Rs.500 is required to enter a protest. This sum will not be refunded if protests are on unreasonable/flimsy grounds.
- 21. During a match, disciplinary action may be taken against a player or players or teams by the Referee acting on his own deliberate judgment. As regards other matters arising in connection with the tournament, disciplinary action may also be taken by the Committee.

22. RULES OF THE GAME

- (a) Each team shall consist of a Manager, a Coach, an Assistant Coach and a maximum of 15 players.
- (b) Matches will be 6 v/s 6 and played on a standard volleyball playing court (18X9 m). The Tournaments will be played in a set of best 3 matches.
- (c) The service zone is a 9m wide area behind each end line.
- (d) Players' jerseys must be numbered from 1 to 15.
- (e) The number must be placed on the jersey at the center of the front and back. The color and brightness of the number must contrast with the color and brightness of the jersey. The number must be of a minimum of 15 cm in height on the chest and a minimum of 20 cm in height on the back. The stripe forming the number shall be a minimum of 2 cm in width.
- (f) The ball may touch any part of the body.
- (g) The ball must not be caught and/or thrown. It can rebound in any direction.

(h) Execution of the service

The server must hit the ball within 8 seconds after the first referee whistles for service. While the ball crossing the net, the ball may touch the net.

- (i) At the first hit of the team, the ball may contact various part of the body consecutively, provided that it occurs during one action.
- (j) Contact with the upper band of the net is a fault.
- (k) The ball that has crossed the net plane to the opponent's Free-zone totally or partly outside of the crossing space, may be played back within the team hits provided that:
 - The opponent's court is not touched by the player,
 - The ball when played back crosses the net plane again outside the crossing space on the same side of the court. The opponent team may not prevent such action.
- (I) To touch the opponent's court with a foot (feet) is permitted, provided that some part of the penetrating foot (feet) remains in contact with or directly above the center line. A player's foot (feet) penetrates completely into the opponents' court is a fault.

(m) The Libero Player

Each team has the right to designate among the list of 15 players one (1) or two (2) specialist defensive players "LIBERO". The Libero can be neither team captain nor game captain. He/she is allowed to replace any player in a back row position. He/she may not serve, block or attempt to block. He/she can only be replaced by the player whom he/she replaced. His/her Jersey must contrast in color with that of the other players of the team and must be numbered like the rest of the team members. Only one Libero may be on court at any time.

23. The Committee shall reserve the right to propose any amendment to the present rules and regulations that might be necessary in the best interest of the Tournaments.