

**PUBLIC OFFICERS' WELFARE COUNCIL**  
**Heartfulness Relaxation and Meditation Workshop**  
**Participation Form**

**Ministry/Department/Division/Staff Welfare Association:**

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**Address:** .....

**Participant 1**

**Name: (Mr./Mrs./Miss)** .....

**Post Held:** .....

**Tel No.:** ..... **Mobile No.:** ..... **Fax No.:** .....

**Signature:** .....

**Participant 2**

**Name: (Mr./Mrs./Miss)** .....

**Post Held:** .....

**Tel No.:** ..... **Mobile No.:** ..... **Fax No.:** .....

**Email Address:** .....

**Signature:** ..... **Date:** .....

**Participant 3**

**Name: (Mr./Mrs./Miss)** .....

**Post Held:** .....

**Tel No.:** ..... **Mobile No.:** ..... **Fax No.:** .....

**Signature:** .....

**Participant 4**

**Name: (Mr./Mrs./Miss)** .....

**Post Held:** .....

**Tel No.:** ..... **Mobile No.:** ..... **Fax No.:** .....

**Signature:** .....