



# PUBLIC OFFICERS' WELFARE COUNCIL

Promoting the welfare of Public Officers and their families

Our ref: POWC/Fit/V6

Date: 20<sup>th</sup> April 2023

From: Organising Secretary, Public Officers' Welfare Council

To: Supervising Officers i/c Ministries/Departments

## Fitness Centre for Parastatal Bodies

As you are aware, the Ministry of Public Service, Administrative and Institutional Reforms in collaboration with the Public Officers' Welfare Council and the Mauritius Sports Council has set a the Fitness Centre on Level 12 of SICOM Building II, Corner Chevreau and Reverend Jean LeBrun Streets, Port Louis, for the benefit of Public Officers.

The Board of the POWC has decided that as from **May 2023**, the Fitness Centre will be open from **Monday to Friday from 0800 hours to 1900 hours, on Saturday from 0800 to 1200 hours and closed on Sundays & Public Holidays**. The Fitness Centre is equipped with the latest modern gym equipment and facilities including bathrooms, changing rooms and toilets.

3. Following several requests, the Board of the POWC has agreed that employees of Parastatal Bodies, can avail themselves of the Fitness Centre.

4. Kindly note that, access to the Fitness Centre for officers of Parastatal Bodies will be restricted to the following slots 09.00 hrs to 12.00 hrs, 13.00 hrs to 16.00 hrs & 17.00 to 19.00 hrs). However, there is no restriction on usage on Saturdays 08.00-12.00 hours. The General Conditions for Use and the Sanitary Protocol to be observed by users are at Annex I and II. **Participants are notified that their subscription is neither refundable nor transferable.**

5. The new monthly membership fee is **Rs 500** per person. Payment should be effected in advance on a quarterly basis at **Rs 1500**, either at discounted rates of half yearly at **Rs 2,500** or on an annual basis **Rs 5,000** per person. The new and renewal membership fees would be applicable as from **May 2023**.

6. Officers of Parastatal Bodies, who wish to benefit from the facilities of the Fitness Centre, are invited to fill in the Membership Form at Annex II and submit same together with the exact

amount to the Organising Secretary, Public Officers' Welfare Council, Level 12, SICOM Building 2, Cnr Chevreau & Reverend Jean Lebrun Streets, Port Louis. Members will have to submit with the membership form, a photocopy of a recent payslip or the top part of the payslip, or an attestation from their employer and their National Identity Card and one passport size photo.

7. Registration will be done on a first come first served basis. Payment can be effected by **cash** or **card**, on **weekdays from 09:30 to 14:00 hours**.

8. Supervising Officers are kindly invited to bring the content of this Circular to the attention of all officers of their Ministry/Department.



**S. Bundhoo**

**Organising Secretary**

**POWC FITNESS CENTRE**  
**GENERAL CONDITIONS FOR USE**

- Membership card should be produced to have access to the Fitness Centre.
- Instructions of the Fitness Centre and code of ethics for public officers should be strictly complied by all users with at all times.
- Food and glass containers are strictly prohibited in the Fitness Centre.
- Only closed beverage containers will be authorised.
- Smoking, consumption of drugs, alcohol or any other illegal substances are strictly prohibited.
- Personal headsets or earpieces may be authorised.
- Personal boomboxes, bluetooth speakers, or stereos are strictly prohibited.
- Sports shoes appropriate for exercise should be worn at all times.
- Users of Fitness Centre should be in sportswear at all times.
- Members should bring their own towels.
- Malfunctioning of any equipment should be reported immediately to POWC.
- Private coaching, assessments and other related activities are not allowed in Fitness Centre without prior authorisation from the POWC.
- Commercial or religious activities are strictly forbidden in the Fitness Centre.
- All personal belongings should be kept in the lockers.
- Members would be responsible for their own safety while using the equipment in the Fitness Centre. They are advised to seek assistance from the POWC if necessary.
- All equipment should be kept in the designated area and should not be removed from the Fitness Centre.
- Equipment in the Fitness Centre should be used under appropriate guidance and with care.
- Members should disinfect the equipment before after use.
- Users should perform exercises with weight that they can handle.
- Failure to comply with the above conditions may result in loss of Fitness Centre privileges and revocation of membership.
- The POWC Management would not be responsible for any loss of personal belongings, injury, or death.
- The POWC reserves the right to amend these conditions without prior notice.



## Membership Registration Form

### POWC Fitness Centre

**Name of Applicant:** Mr. /Mrs. /Miss. ....

**Date of Birth:** .....

**N.I.C No :** .....(copy of N.I.C to be enclosed)

**Designation:** .....

**Ministry/Department:** .....(copy of payslip to be enclosed)

**Tel (Off):** ..... **Tel (Res):** ..... **Tel (Mob):** .....

**Residential Address:** .....

**Email Address:** .....

**Emergency Contact:** ..... **Tel (Mob):** ..... **Relationship:** .....

**Medical History (Illness/Disease/Surgery) (Please Specify):** .....

**Are you on any medication? (Please Specify)** .....

**Physical Problems/ Injuries (Please Specify):** .....

**Vaccination Card No:** ..... (Copy of vaccination card showing fully vaccinated status should be enclosed)

**Please tick as appropriate**

Payment Basis		Slot Chosen (Weekdays)	
Quarterly - Rs 1,500		09.00 hrs to 12.00 hrs	
Half Yearly - Rs 2,500 *		13.00 hrs to 16.00 hrs	
Annual - Rs 5,000 **		17.00 to 19.00 hrs	
*one-month gratuity offered by the POWC			
**two months gratuity offered by the POWC			

#### Liability Disclaimer for Fitness Centre Membership and Use of Equipment

- I do assume full responsibility for any damage, injury, or loss that I may sustain or incur, if any, while participating in any exercise programme, sport or physical activity. I hereby waive all claims against the Public Officers' Welfare Council, its officials and employees, for any damage, injury or loss that I might sustain.
- I am in good physical condition and fit for exercise.
- I certify that all of the information I have provided is correct and true.

**Date:** .....

**Signature of Applicant:** .....

To be filled by the employer

This is to certify that Mr/Ms/Mrs..... is an employee at.....

He/She holds a permanent & pensionable post within the company.

Employment period: from..... to present

Signature of employer or his/her representative:

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For POWC use only

Date received: \_\_\_\_\_

Registration Number: \_\_\_\_\_

Amount Paid: \_\_\_\_\_

Receipt No.: \_\_\_\_\_

Payment Effected by:

- Cash:.....
- Bank Card:.....
- Cheque:.....

REMARKS (if any):

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